

The Parent Network

Free parenting workshops sponsored by the Terry Muzzy Foundation.

Addiction and Recovery 2012: Helping Parents Navigate the Difficult Road of Teen Addiction

The Muzzy Foundation will be hosting three unique addiction and recovery symposiums. A panel of addiction specialists, parents and teens will provide a comprehensive look at the impact that addiction has on the family and community. We would like to provide meaningful discussions and deliver practical information into the depth of the topic of addiction, highlighting what has worked for those families in our communities.

January: Engaging Treatment: How do I ask for help? The hardest thing for families and teens to do is ask for assistance and acknowledge the extent of the problem. Topics: How to access treatment? What treatment providers are out there? How to motivate an individual into treatment? What is an intervention and what should parents expect? What are common barriers to treatment that provide the hopeful messages of: "It can be done?" How can parents do their part to facilitate proper treatment?

Moderator: Nancy Buckwalter, LCSW

Panel: Carol Lawyer/Interventionist, Sarah Wuerth/Prevention Specialist from Downingtown School District, Tom McGurk/Clinical outreach specialist for Main Line Health Services, Mary Riley/Outreach Coordinator Caron Foundation, Tom Dietzler/Director of Young Adult Services at Caron Foundation, volunteer parent and teen/young adult in recovery

February: Integrating Treatment: What is early recovery? Defining stages of early recovery: redefining goals, academic needs, and positive aspects of a sober lifestyle. The challenges that emerge for teens and young adults in recovery. Family therapy and family contracts: evaluating privileges and access to freedoms and ultimately the development of trust. Concerns of re-evaluating medication and dual diagnosis. Defining relapse versus returning to using behavior or substitution of addiction symptoms.

Moderator: Nancy Buckwalter, LCSW

Panel: Rick Shugart MFT/family therapist, Brian Halstead LPC, CAC East Coast Recovery and director of Transitional House Recovery, Brendan Young LCSW, Employee Assistance Program and coordinator of aftercare, Mike Blanche MSS LCSW/private practice therapist specializing in addiction treatment, volunteer parent and teen/young adult in recovery

March: Maintenance Phase of Recovery and long term issues and hope! The Journey of recovery is lifelong. Hear from those who have been there: Treatment works, long term recovery is an option and does occur! Self care and recovery as a life style; Engaging the individual and family in long term recovery goals. Maintaining sustainable healthy life choices that allow for individual and family growth.

Moderator: Nancy Buckwalter, LCSW

Panel: Tom Connell/Clinical Coordinator Rehab After Work, Mary McCormick LCSW/outpatient therapist, Pat Dowling, MS LPC/Therapist Rehab After Work, Michael Blanche MSS LCSW/private practice therapist specializing in addiction treatment, volunteer parent and teen/young adult in recovery

Dates: January 10, February 14.

March 13, 2012

Time: 6:30-8:30

Location:

1214 Horseshoe Pike,
Downingtown, PA 19335

Reservations via email: suggested for seating

Contact Person: Martie Muzzy

Email: trmfoundation@gmail.com

The Terry Muzzy Foundation

created to fund programs that promote a safe and healthy environment for youth and families in the Chester County community, is pleased to offer these free parent workshops.