

RELEASE AND WAIVER OF LIABILITY, ASSUMPTION OF RISK, AND INDEMNITY AND PARENTAL CONSENT AGREEMENT In consideration of being permitted to participate in any way in La's Foundation Events, I, for myself for personal representatives, assigns, heirs, and next of kin and/or I/ THE MINOR'S PARENT AND/OR LEGAL GUARDIAN ACKNOWLEDGE, agree, and represent that I understand the nature of Activities and that I/The minor am/qualified , in good health, and in proper physical condition to participate in such camp Activity. I/The minor further agree and warrant that if at any time I believe conditions to be unsafe, I will immediately discontinue further participation in the Activity. FULLY UNDERSTAND THAT: ACTIVITIES INVOLVE RISKS AND DANGERS OF SERIOUS BODILY INJURY, INCLUDING PERMANENT DISABILITY, PARALYSIS, AND DEATH ("RISKS"); (b) these Risks and dangers may be caused by my own actions or inaction's, the actions or inaction's of others participating in the La's Foundation Events, the condition in which the La's Foundation Event takes place, or THE NEGLIGENCE OF THE "RELEASES" NAMED BELOW; (c) there may be OTHER RISK AND SOCIAL AND ECONOMIC LOSSES either not known to me or not readily foreseeable at this time; and I FULLY ACCEPT AND ASSUME ALL SUCH RISKS AND ALL RESPONSIBILITY FOR LOSSES, COSTS, AND DAMAGES I/The minor incur as a result of my participation or that of the minor in the Activity. HEREBY RELEASE, DISCHARGE, AND COVENANT NOT TO SUE La's Foundation, their respective administrators, directors, agents, officers, members, volunteers, and employees, other participants, any sponsors, advertisers, and, if applicable, owner and lessors of premises on which the Activity takes place, (each considered one of the "RELEASES" herein) FROM ALL LIABILITY, CLAIMS, DEMANDS, LOSSES, OR DAMAGES ON MY ACCOUNT CAUSED OR ALLEGED TO BE CAUSED IN WHOLE OR IN PART BY THE NEGLIGENCE OF THE "RELEASES" OR OTHERWISE, INCLUDING NEGLIGENT RESCUE OPERATIONS AND I FURTHER AGREE that if, despite this RELEASE AND WAIVER OF LIABILITY, ASSUMPTION OF RISK, AND INDEMNITY AGREEMENT I, or anyone on my behalf, makes a claim against any of the Releases, I WILL INDEMNIFY, SAVE, AND HOLD HARMLESS EACH OF THE RELEASES from any litigation expenses, attorney fees, loss, liability, damage, or cost which may incur as the result of such claim. I HAVE READ THIS AGREEMENT, FULLY UNDERSTAND ITS TERMS, UNDERSTAND THAT I HAVE GIVEN UP SUBSTANTIAL RIGHTS BY SIGNING IT AND HAVE SIGNED IT FREELY AND WITHOUT INDUCEMENT OR ASSURANCE OF ANY NATURE AND INTEND IT TO BE A COMPLETE AND UNCONDITIONAL RELEASE OF ALL LIABILITY TO THE GREATEST EXTENT ALLOWED BY LAW AND AGREE THAT IF ANY PORTION OF THIS AGREEMENT IS HELD TO BE INVALID THE BALANCE, NOTWITHSTANDING, SHALL CONTINUE IN FULL FORCE AND EFFECT. Also, I waive all rights to any photos taken for use in any La's Foundation publication.

Parent/Guardian Signature: \_\_\_\_\_

Date: \_\_\_\_\_



La's Foundation  
515 Station Blvd.  
Chester Springs, PA 19425

# Lace Em Up for La



## Girls Lacrosse Camp

June 21<sup>st</sup>-24<sup>th</sup>  
Proceeds benefit the  
La Foundation

# Lace Em Up for Lacrosse Camp

**June 21st-24th**

**Ages 8-16**

**5:00-8:00pm**

**Schramm Field**

**400 Montgomery Ave.**

**West Chester, PA 19380**

**Cost: \$100**

**All proceeds benefit the**

**La Foundation**

## Staff

**Shauna Innarino**- Camp Director

**Mary Fran Riffel**- Envy Lacrosse  
Director

**Melissa Sweeney**- Former University  
of Maryland Stand out

**Laura Capuano**- Bayard Rustin Head  
Coach

A graduate of Henderson High School in West Chester, PA and Drexel University in Philadelphia, PA, Laura passed away in June 2008 from lung cancer. La had a passion for sports and played both lacrosse and soccer at Henderson. She went on to play soccer for the Dragons and is known as one of the greatest players in Drexel women's soccer history; Laura left an outstanding legacy. Dan Simmons, Associate Athletic Director of Recreation, said, "I remember her at the end of her career, she was the type of person you wanted on a Drexel team. She was always full of energy and always smiling." After graduating Drexel in 2002, Koch worked for the Veterinary Referral Center in Frazer, a 24-hour emergency care center, and loved to nurture animals.

To honor the memory of La and her energy, compassion, and love of life, the Laura Meikle Koch Memorial Legacy Foundation, has been established with the Chester County Community Foundation.

For more details about the La Foundation visit:  
[www.laurameiklekoch.org](http://www.laurameiklekoch.org)

## Registration Form

Name: \_\_\_\_\_

Age: \_\_\_\_\_ School: \_\_\_\_\_

US Lacrosse Number: \* \_\_\_\_\_

Lacrosse Position: \_\_\_\_\_

T-shirt Size: \_\_\_\_\_

Parent Name: \_\_\_\_\_

Parent Email: \_\_\_\_\_

Emergency Contact: \_\_\_\_\_

Emergency Phone: \_\_\_\_\_

Insurance Carrier: \_\_\_\_\_

Insurance ID#: \_\_\_\_\_

Policy Holder: \_\_\_\_\_

**\*All participants must be members of US Lacrosse**

Please fill out the front and back of this  
form completely and mail with

checks payable to:

The La Foundation

515 Station Boulevard

Chester Springs, PA 19425

Questions? Email: [shauna.iannarino@gmail.com](mailto:shauna.iannarino@gmail.com)